



*Beach Praia do Camilo  
on coast of Algarve region*

# Portuguese History & Heritage

Sample Itinerary



*Cabo da Roca*



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*Belem Tower*

### **Day 1: Depart USA**

### **Day 2: Arrive into Lisbon**

After clearing customs, we'll be taken to Lisbon for an orientation tour of some of her most interesting neighborhoods. Lisbon was the center of Portugal's long-lived imperial ambitions. The cobblestone alleys of the Alfama are home to seamen to this day, and provide a great opportunity to learn about Fado singers. We'll drive out to Belem Tower and the Monument of Discoverers. Our dinner tonight will feature Portuguese Fado entertainment.

### **Day 3: Lisbon**

Today is dedicated to the sights of Lisbon. At the Lisboa Story Center, we'll learn how Portugal became a world power and leader in the discovery of the New World. We'll take the streetcar up the steep alleyways of the city, and visit several of Lisbon's most picturesque squares and monuments. We'll visit the National Tile Museum and the Castelo de Sao Jorge, a nicely preserved medieval castle.

### **Day 4: Sintra**

After breakfast, we'll head out of the city for a visit to Sintra. Well known as a royal sanctuary, Sintra is dotted with royal palaces and villas. We'll tour the Palacio Nacional, the Castelo dos Mouros and Palacio da Pena. This afternoon, we'll explore the extensive grounds and caves at Quinta da Regaleira. We'll head down to the beach to watch the sun set



*Lisbon cityscape view from Castle of Sao Jorge*



*Quinta da Regaleira Park*

at Cabo de Roca, the most Western point of mainland Europe, before a dinner of local seafood.

### **Day 5: Obidos – Fatima**

We'll start this morning with a visit to the small town of Obidos. We'll see the Roman aquaduct, as well as the tiled churches and medieval walls. This afternoon, we'll stop at the pilgrimage site of Fatima. It welcomes millions of visitors from around the world each year.

### **Day 6: Conimbriga – Coimbra – Oporto**

The Roman ruins at Conimbriga are a testimony to the vast influence of the Roman Empire and its centuries of influence on the Iberian Peninsula. We'll tour the excavations, admire the mosaics and visit the museum on site. Later, we'll visit the baroque library of the 700 year old university at Coimbra and drive through the forest to Oporto. We'll enjoy a cruise on the Douro River before a surprising dinner.

### **Day 7: Oporto – Guimaraes – Belmond – Evora**

The Douro River is the lifeline of northern Portugal. We'll see the soaring cathedral, the stock exchange with a contemporary Arabian Hall inspired by the Alhambra in Granada. We'll pass through groves of grapes destined to become wine and the fortified port liquor named for the region. Guimaraes is often referred to as the Cradle of Portugal for its association with the country's first king. We'll tour the city's medieval center. Moving on to Belmond, we'll learn of the Jewish



*Quinta da Regaleira Park, Sintra*



*Medieval houses in Obidos*

awakening at the Jewish museum. We'll also learn about olive oil, a local specialty and the many products from the regional cork tree.

### **Day 8: Evora**

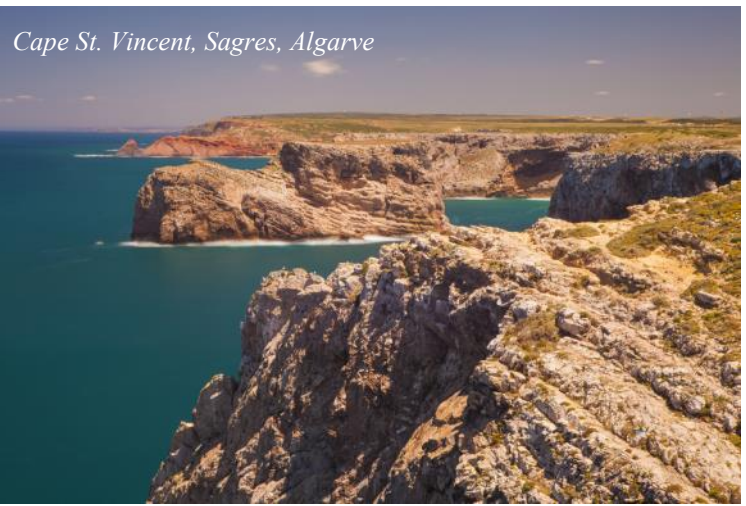
We'll explore the medieval walled city of Évora to explore the highlights of this beautifully preserved town. See the Roman Temple and visit the Capela dos Ossos - an extraordinary 17th century chapel comprising the skulls and bones of 5,000 bodies. Visit the cathedral with its attractive mix of Romanesque and Gothic architecture. In the afternoon, perhaps hire some bicycles or take a stroll through Évora's unique historical centre and follow the aqueduct inside the city walls?

### **Day 9: Algarve**

Our highlight today is the Promontory of Sagres, where Henry the Navigator planned his exploratory trips for overseas expansion. We'll head to Cape St. Vincent, the southwestern corner of Europe, before heading to the town of Lagos for the afternoon. We'll spend some time at the beach in Lagos, before heading back to our hotel for the evening.

### **Day 10: Algarve – Azeitao – Lisbon**

On our way back to Lisbon, we'll take the scenic, mountainous route over the Serra da Arrabida and admire the sweeping views of the Troia Peninsula. We'll hear about the fierce battles between the Christians and the Moors at the



*Cape St. Vincent, Sagres, Algarve*

castle at Sesimbra. We'll stop at the Tile Workshop in Azeitao before returning to Lisbon for our farewell dinner and trip review.

### **Day 11: Return to USA**

We'll return to your hometown with fond memories of Portugal and its people.



*Lagos, Algarve*



*Castle of Guimaraes*



*Boat in the Fishing Harbor of Sesimbra*

Prices vary according to season, group size, and customization of each tour.  
Contact our staff at [students@ed-ventures.com](mailto:students@ed-ventures.com) for more information

### **Included**

#### **Transportation**

- Private deluxe air-conditioned motor coach

#### **Accommodations**

- Multi-bedded tourist class hotels

#### **Meals**

- As indicated in itinerary

#### **Sightseeing**

- Admission to all activities as indicated in itinerary

#### **Tour Guides**

- Teacher serves as tour leader (Professional tour director can be added upon request)
- Local guides for city tours and major attractions

#### **Taxes and Tips**

- All taxes and tips for provided services except end of tour tip for driver

#### **Complimentary Tours**

- One per 8 paying participants

### **Not included**

- Roundtrip air transportation (Included upon request)
- Professional tour director
- Meals not indicated in the itinerary
- Beverages, except with breakfast
- End of tour tip for driver and tour director
- Items of a personal nature such as passport fees (*Passport must be valid for 6 months beyond return date*)
- Travel Insurance

***This tour can be customized to your specifications.***



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